

## ***APPLE YOGURT SALAD***

<b>INGREDIENTS</b>	<b>QT</b>	
Apples	6	pealed and diced
Plain Yogurt	2 cups	
Raisins	½ cup	
Coconut	½ cup	grated
Walnut	½ cup	chopped
Honey	1/3 cup	

Procedure:

Mix all ingredients very well and refrigerate before serving.